

I pledge to support Y2Y on my campus and in my community. My fellow students, staff, friends and family can count on me to do the following:

- Attend regular Y2Y meetings where I can talk openly with fellow students about important issues facing our community. This can include mental health issues, drug and addiction problems, violence and aggression, and best practices for self-care and wellness. I promise to do my part to learn, listen and help problem-solve.
- Give my friends the Y2Y-specific tools and information they need to be AWARE, take ACTION and hold each other ACCOUNTABLE. Together we can make a difference and create a positive campus culture.
- Spread Y2Y messages by sharing my story with others and listening to my fellow students when they need support.

NAME:

Cut this card out and display the Y2Y logo where other students can see it.

To view all Y2Y toolkit resources, visit jcyouth2youth.com.



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Did you know ...

- Over 150 people die every day from overdoses related to synthetic opioids like fentanyl.
- Each day, more than 1,000 young people are treated in emergency departments for physical assault-related injuries.
- Homicide is the leading cause of death for non-Hispanic Black or African American youth.
- Drug use is associated with sexual risk behavior, experience with violence and mental health, and suicide risks.
- The rate of drug overdose deaths accelerated and increased 50% from pre-2020 levels and continues to increase.
- **52%** of young people report having been bullied online.



AWARENESS. ACTION. ACCOUNTABILITY.



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