



## **BECOME A Y2Y AMBASSADOR**

### We need your leadership!

The Job Corps Youth 2 Youth Student Ambassador Program puts the power in your hands to create a positive and supportive culture on your campuses. As student ambassadors, you will take the first step toward a better future for yourselves and your community by working with other students and staff on campus to help increase awareness of student safety and well-being through student-to-student initiatives and programs.

### Here's how to get started

The tips and information provided below will help you launch your center's Y2Y initiatives and get everyone on campus engaged and motivated to raise awareness of important issues, take action to implement change and hold each other accountable to be a part of the solution.

#### Talk about violence, drug abuse and mental health in your community.

- Job Corps students come from all different backgrounds. Talk to each other about your various cultures and backgrounds, as well as what your fellow students may have experienced, from violence to drugs, to struggles with mental health.
  - Talk with other students and staff members to see who else would like to support Y2Y on your campus.
- Work with staff members to incorporate Y2Y into new-student orientation and CPP curriculum.
- Work with your fellow Y2Y supporters to schedule regular Y2Y meetings.







# Empower one another to prevent violence and drug use and take steps to improve mental health.

- Download the Y2Y "Pledge Card," sign it, and display it so that others know that they can count on you to oppose violence and drug use and that you're here to listen if others need to talk.
- Display Safety Hotline and Fentanyl Awareness posters on your center, and encourage people to use the Safety Hotline when necessary.
- Share Y2Y information in person and online with your friends and family so that they can join the effort.
- Plan assemblies and events to give other students opportunities to become involved in your campus's Y2Y efforts.
- Use resources from the <u>Mental Health America toolkit</u> to promote positive mental health and well-being on your campus.

# Share stories and talk about solutions to help others prevent violence and drug use and improve mental health.

- Hold Y2Y meetings regularly to review your progress, set new goals and share stories.
  Remember that creating safe spaces for conversations has a positive impact.
  - Use the Y2Y "Meeting Checklist" for tips on planning your event.

Share your stories beyond your campus. You can submit photos and short descriptions of your center's Y2Y efforts to be posted on Job Corps' social media channels by e-mailing them to **JCDigital@mpf.com**. You can also send in 30- to 60-second video testimonials about your personal experience with these topics and how you overcame them!



